

CDS LUNCH MENU FOR FEBRUARY

Tuesday, February 6th

Crustless Spinach Quiche
Carrot Sticks with Dip
Fruit Cup

Wednesday, February 7th

Baked Chicken Tenders
Homemade Mashed Potatoes
Corn
Jell-O with Fruit

Tuesday, February 13th

Baked Ziti and Cheese
Fresh Broccoli
Fruit and Yogurt

Wednesday, February 14th

Grilled cheese on Whole Grain Bread
Vegetable Soup
Oatmeal Cookies

Tuesday, February 20th

Chicken and Cheese Quesadilla
Spanish-style Brown Rice
Mandarin Orange Cups

Wednesday, 21st

Angel Hair Pasta with Garden Vegetable Marinara
Garlic Bread
 $\frac{1}{2}$ Banana

Tuesday, February 27th

Turkey Chili with Corn Bread

Steamed Cauliflower

Fruit and Yogurt Parfait

Wednesday, February 28th

Turkey and Havarti Sandwiches

Carrot Sticks

Fruit Salad

Cookies